

Romance Men Understand

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Introduction

You love him. He gives you flowers and gifts when he's supposed to, and sometimes he even surprises you with his thoughtfulness. He might not be the most romantic guy in the world, but he always manages to make you feel like a woman. The guidelines are very well-known and clear for romancing a woman, and all a man has to do is remember – the dates, the places, the special occasions – all the little things that have a special place in a woman's heart. But the rules for romancing a man are very different and not so well known. The fact is, most women have no clue how to romance a man. That's where I can help.

Think about it: Women love flowers, candy, and jewelry (and the thoughtfulness behind them), so men will give them these things for special occasions and when they want to show their love and appreciation. A woman loves to have a man hold her face and tell her she's pretty, so men do it. It makes you feel like a woman and his special lover. The problem is, a lot of women think that men want the same things and will

respond just as they respond to these stimuli. But that's where many women go wrong. A man doesn't want to feel like a woman! He wants to feel like a man.

If he gets a big bouquet of flowers handed to him at the office on his birthday, while the delivery man reads your heart-felt love poem, he is likely to be mortified, not romanced. You might as well just send him to work wearing only some lacey pink panties, strappy stiletto pumps, and cherrybomb red lipstick. It just doesn't feel comfortable or satisfy his manly needs and desires.

This is not because of his lack of sensitivity to the softer things in life; men are just wired differently. Would you be impressed and delighted if he sent you a nice set of metric ratchet wrenches tied in a nice bow for Valentines day? Do you like getting a vaccuum cleaner for Christmas and a waffle iron on your birthday? Is that what melts your heart and gets you in the mood for love? Hardly. Any self-respecting woman would probably be livid. And rightfully so. After all, you want to feel like a woman. You want to forget that you are a housekeeper and a cook, and you have no intention of loosening lug nuts to change the tires on the car – that's what men are for. Exactly!

Here is the salient point (and if you only get one thing out of this book, let it be this): Men want to feel useful, not pretty; men need to feel competent or powerful, not dainty and weak in the knees; men have to feel like providers, not like dependents. Read it again. Think about it. Engrave it in your mind. Contrary to popular belief, you cannot romance a man by treating him the way you want to be treated. Yes, when it comes to gifts and attention, it's the thought that counts – so *think* before you act! It will pay enormous dividends with your big hunk o' love.

A man's spartan and utilitarian nature is appreciative of the softer and

finer things...as long as they include you. As long as you are in his life, he might be fine with a floral print comforter on the bed or pink curtains in the bedroom. We love pink (some of our favorite things are pink!) because we love femininity and we love you. But we're not going to wear a pink suit to work. We love a beautiful and fragrant floral arrangement, and we will gladly spend good money to give you flowers because we love the way it makes you feel. But if you give a man flowers, he will feel like money has just been thrown in the trash because he can't use them for anything. They will just wilt and get tossed away. They won't make him feel like a giddy little school girl, so the effort (and the money) is wasted.

Men hate waste. But we don't see it as waste if it is for you. We want to give you as much jewelry as possible to make you look and feel beautiful and treasured, but please don't give us more than one engraved watch or ring or other adornment, because we only need one piece to remind us of you. Any more is just frivolous waste. Remember, men want to provide, not receive – unless it's toys or tools that will allow them to demonstrate their competence and usefulness, or great athletic talents.

There are some vain and Narcissistic guys who love to admire themselves, but most men thrive on utility and competence. He may work out so that you will notice him and let him get close to you, but most guys would rather be complimented on the hard work it took to get in shape rather than on their lovely ripped abs and bulging muscles. The way a woman feels when a man compliments her beauty is the same pride and rush a man experiences when you tell him that he did a great job fixing the drawer in your vanity or getting the kids breakfast and off to school on time. Appreciate him for the things he does and the quality of his accomplishments. Follow it up with your tender hand under his chin and a soft kiss on the cheek, and he will soon be wanting you with a passion.

Men are simple creatures, and that's the basics of male romance. Just try to understand his male needs and desires. Think about what a man wants, and not your traditional image of what is romantic, as defined by women. Set him up with the kind of flattery, gifts, or attention that his masculine nature will respond to, and then knock him out with a little taste of your irresistible femininity. Romance for you is something that makes you surrender to a feeling that is soft and wet, but romance for a man has to inspire him to become strong and hard. Only a woman can make a man feel like a man. But only a man who feels strong and confident in his masculinity can become passionately romantic – and make you feel like a real woman as well.

Chapter 1

Setting Your Relationship Up for Romantic Success

If there is one thing that is true about relationships, it is that women spend a lot more time reading up and trying to find, win, and enchant their man. You ladies are the relationship experts and the ones who have the skills and thought patterns that will allow and remind you to concentrate on and nurture your relationship. Men carve out the cave, hunt down and drag home a wild beast, build a fire, and then put their feet up. By nature, you are more attuned to the little elements that make a house a home, and that make a marriage a partnership.

You care about the emotional mood and engaging spirit of your home and family, and you have the sensitivities to pick up the vibes and sense the tone of the marriage or relationship – like dog ears that can pick up sounds that men just don't hear. Your tender nature makes you more aware of toxins in the environment that a swarthy man is just not equipped to notice. Your pure heart easily feels the pain or disgust of these maladies that are imperceptible to your partner. And your nurturing nature demands that you bring justice and balance back to your reality. These are all good and wonderful things.

Gender Diplomacy

It is what a woman does at this point, when she feels that something is lacking or causing an imbalance in her life, that often determines if the relationship will get better or worse. In too many instances she chooses the wrong path. Now, if you can't stand the sight of your man and his mere presence disgusts you, then there is nothing I can tell you that will change that. But if you are satisfied that your partner is at least adequate and decent enough to share your life with, you should do the things that

will bring him closer and allow him to become the man that can truly complete you and bring joy to your life together. You can be pretty sure that most any man wants to be the best man for you that he can possibly become.

You often hear people say that dogs are like men and cats are like women. While there may be a good case for comparing the feline to the female for their cunning spirit, their whimsical behavior, and their lithe physiques, lets instead compare guys to their canine brethren for a moment. Dogs are good-spirited, and not much bothers them. They plod along, pretty much accepting whatever comes their way. They can be trained, and as long as you feed them and pet them they will be very contented and will even lick your face in appreciation. You can even slap their noses and scold them, which will make them withdraw in a forlorn kind of shame and sorrow and then mend their ways. But if you repeatedly poke him with a sharp stick, especially for a reason he doesn't understand, even the most even-tempered dog's latent wolf gene will eventually kick in, causing him to snarl and snap back viciously. This animal, that only wants to please you and has a proven legacy of immense loyalty, may never trust you again. Yes, men are like dogs.

So, how should you handle it when you want your man to stop or start doing something that you feel is needed in the relationship? Very carefully...very cleverly...very congenially...very diplomatically. Remember, just because you're the relationship supervisor that doesn't mean that it's all about you. This is a partnership. Your desired change or remedy might even be...(dare I say it?)...wrong! At least consider that possibility. What you should *never* do is to make him the cause or let him bear the brunt of every problem and everything that's wrong with your life and the world. There is a good chance that he doesn't even know what the heck you mean when you tell him to fold the bathroom towels in "thirds."

Ninety percent of romance is just keeping the mood light and fun between the two of you. When life is good, romance happens. Water the garden, pull the weeds, and lovely flowers will bloom. When animosities build up, the desire to fondle your oppressor diminishes. There's an old country song that says, "It's hard to kiss the lips at night that chew your ass out all day long." So true. The reason to take it easy on your partner and to romance him is not strictly to make him feel great, or even that he deserves it; but it is to keep his mood pleasant so that he will want to make your life better and be responsive to your needs and desires too.

Pillow Talk

The best advice for keeping a relationship amenable to romance is not to broach unpleasant subjects when you're upset or when he's exhausted. Big mistake. Okay, so you get home at 5 o'clock, pick up the mess the kids made after school, throw in a load of laundry, and start getting dinner ready. He forgot to take the garbage out, his socks are on the floor, and you're out of milk for the kids because he never stops to get it. You've had it.

Now, he walks in the door at 7 o'clock. He's had a long, difficult day too. But you feel the need to rip into him. Maybe he deserves it, maybe he doesn't. But is this really what your *relationship* needs right now? Is this what's best for you? If you harm the relationship, you are harming yourself, your kids, and the future of the whole family. Stop. Take a breath. Splash cold water on your face. Now, consider which of these would be better when he walks in the door:

Secnario A: You ambush him before he can take off his coat or say, "Honey, I'm home." You start right in: "It's about time you got here. What the hell were you doing til now? Screwing the secretary? Did you pick up any milk? Of course not; you never think about the kids or what

might help me out. I'm just your maid around here. This place was a pigsty when I got home. You leave your crap all over and then expect me to pick up after you. You know, I work too. I work all day and then I have to come home and take care of everything around the house, 'cause you never do a damn thing around here. If it weren't for my paycheck you wouldn't be able to afford your fancy little car or those stupid golf clubs that you had to get instead of taking me somewhere nice for our anniversary. Here's your damn dinner. You and the kids can eat; I'm going to bed. I'll be back to wash the dishes in an hour, Your Highness."

Secnario B: You still ambush him before he can take off his coat or say, "Honey, I'm home." But the monologue is different: "Oh, thank God you're home. You must be exhausted after such a long day. Let me take your coat. Baby, I need a hug...mmmm, it's been such a rat race for me today. Right after dinner I'm going to put the kids to bed and collapse. Then I could really use one of your great back rubs. What do you say? Let's eat"

Later, in bed: "Ohhh, your hands feel so good. I feel a lot better now. Thanks, honey." You roll over onto your back, put his hand on your breast and gently pull his face towards your lips. You lie side by side in a warm embrace. "Honey, I'm going crazy. My schedule is so busy, I just feel overwhelmed. I don't know how to balance my work and the kids and all the housework. Honey, you're so good at organizing tasks and managing things at work. Can you help me figure out how to get my life back under control?"

He's a man, so he will need you to more precisely define the problem you need to solve. You reply: "Well, it's just so hard to keep the bedrooms and bathrooms in order, do all the shopping and the laundry, and have breakfast and dinner on the table on time...just everything like that." He responds with some thoughts, and you continue: "Sure, that would really help if you could stop at the supermarket one day a week.

Maybe on Tuesdays when you stop at the dry cleaners. I could give you a list before you go to work. Maybe that could be pizza night too, and you could grab one of those take-and-bake pizzas in the deli at the market. The kids would love that. And you could pick up something else there for yourself too, if you want. Maybe we could even get the kids in their pajamas for pizza, let them watch a movie, and then put them to bed early...so Tuesdays could be kind of a special night for us too. How does that sound? You know, I think I'll put a little hamper in your closet too, so you can put all your socks and towels and things in it. Would you do that for me, honey? I know you work so hard too, but I just can't do it all myself. You're the best, baby. I love you so much."

Sooo...which method do you think would get better results? Which would make him happier and feel more romantic towards the woman he wants to protect and pamper? Which would leave you happier and more fulfilled? (If you chose "A," we're done here.) Scenario A does not consider any of his great contribution to the household and would turn him away from you. In Scenario B, you not only laid the groundwork to make romance possible, but you actually romanced your man. That's right. You let him feel needed and useful by being involved in the solution (even though you steered him to your desired result); you complimented his managerial expertise and competence; you talked like a vulnerable woman who really needed and depended on her man; and you teased him with your feminine wonderland. Gently stroking his male ego and his manly nature while tempting his natural desires will surely get you the kind of stroking you love to get from your man.

You probably do work harder than he does – for sure around the house. But don't forget that mowing the lawn, shoveling snow, bringing the trash to the curb, going to the bank, and repairing things is a contribution as well. So is running the kids around and helping them with their math and

geography homework. And his job might be quite challenging and exhausting as well. Still, with a loving and diplomatic touch you can get more from him around the house and keep him in a frame of mind and heart that will have him paying more attention to you, as well as to the functionality and the soul of your relationship. Don't forget: He's a dog. Train him, appreciate him, reward him, and let him run and play sometimes too. The benefits you reap will be worth it.

The Male Ego

I am sure that some modern women will have a problem playing to the male ego and building up their men. Why? Men aren't the only ones with egos – women have them too. Do you think that it is just human nature for all people of both genders to want doors opened for them, to want to see a sentimental movie and have a good cry, or to want flowers for an anniversary? These are chick things, plain and simple. Many of the things that you see as reality itself have a decidedly feminine slant. This is really just the female flip-side of the male ego. Men cater to your feminine whims all the time, and you just think of it as his job to be romantic and make you feel like a woman. The natural order requires also that you make him feel like a man.

So, why should you really have to build up his ego? Men are your equals, and you can do anything they can do. Why do you have to make him feel like a big strong or competent man? Because it works. It's as simple as that. Unless or until you can rewrite his genetic script, you have to play the female role and allow him to find a suitable outlet to act out his masculine role. You cannot deny or avoid the natural order of things. Human effort cannot improve upon or change nature. If you want men to be sexless eunuchs, then you will have to remove all things feminine from your reality as well. What a grey and dreary world that would be.

King of His Castle

The language we use about men regarding relationships and gender roles is a bit overblown: King of the castle, conquerors, knights in shining armor, and on and on. But the basic message behind them is rooted in the fundamental truth of biology and genetics. Men are hardwired very differently than women. The genetic coding is complementary, but opposite – just like our anatomies. True humanity lies somewhere between femininity and masculinity, just as earth lies between Venus and Mars. The coming together of these two opposite but complementary life forms has the potential for creating a paradise far superior to either of those lonely and unfulfilling alien worlds. In order for that to happen, we have to follow the program written by nature: Women are women, and men are men. Failure to accept that basic premise will foil the natural alchemy that transforms attraction into fulfillment, activity into purpose, pleasure into offspring, lust into love, and existence into a life worth living.

Progress in women's rights does not have to be a step backwards for her love affair with the drama and emotion of life. Being equal to a man does not mean that you have to be the same as a man. You will always have the needs of a woman, and he will always have the needs of a man. One of those needs is for you to be a woman. He needs you to need him. He may never have the fulfillment of being the CEO of a Fortune 500 company, but he can still be the guy that you depend on to open the pickle jars and keep the world from spinning out of control.

A man needs a purpose outside of himself; or his ego, his self-esteem, and his soul will evaporate. Single military men that come home after a long tour of duty often become dysfunctional in short order. They were somebody, with a rank and pride and special abilities. They could land an artillery shell on a target from five miles away better than anyone else,

but now they feel like a nobody without a purpose to tell them who they are and make them important and worthwhile. A man's sense of purpose generally comes from his job and from his woman and family. He doesn't need a rank that's higher than yours, but he does need respect, appreciation, and dignity. He doesn't need all the power of a king, but he does need a share of the power and the consideration befitting a man of value. Chocolates don't do that for him, but deferring to his knowledge and abilities does. Letting him know that the household would be unmanageable without his contribution does. Telling him how safe and comfortable you feel in his arms does too.

It's Win-Win or Lose-Lose

But it's not all for him. By building your man up, you are not tearing yourself down. You are making passion possible in your relationship. If he feels worthy and empowered, he will be a more frequent and more masculine lover – which is good for you. If you always insist on getting your way and often shout him down until he caves in to your wishes, you will destroy the part of him that excites you and makes you feel like a woman. It destroys many, many relationships: A woman that is sure she always knows best effectively castrates her mate. He becomes a “Yes, Dear” husband, and she eventually hates him for it. He is no longer the swashbuckling romance novel hero that ravishes her and makes her feel overwhelmed, overpowered, and swept away with feminine emotions for a masculine champion. She is now the champion, and she does not look at her man as a man at all.

There is nothing we can think, say, or do that will invalidate nature. A few decades of “I am woman; hear me roar!” does not change ten thousand centuries of human nature. Embrace your femininity; embrace, nurture, and play to his masculinity. He will feel like a man, and he will naturally be more romantic with you – and more desirable to you. He

romances you by playing to your femininity. Isn't it reasonable then that you must romance a man by playing to his more manly nature and instincts? You have to play to all of his instincts and not just his sexual ones. A woman can lead, nurture, and guide a relationship best by remaining "in character" and doing it as a woman.

I talk to women all the time. Women constantly tell me that their boyfriends and husbands are not romantic. When I ask them what techniques they use to romance them, they seem shocked and confused. Romance a man? Isn't it his job to romance the woman? Therein lies the paradox. You wouldn't neglect to put lotion on your hands and expect them to be moisturized; you wouldn't fail to season your pot roast and expect it to be tasty and delicious. Yet so many women expect an "unromanced" man to be romantic.

Sure, teasing him before pleasing him is an element of romance. But making him feel like a manly creature is required if you want him to make you feel like a woman. Not simply in a sexual way, but in a very human way. Playing to his male ego in the small details of everyday life is no more ridiculous than wanting him to bring you flowers "just because," to whisper little words of love into your ear, or to put his hand on your waist when you have all your clothes on.

When I go on to ask women what they do to make their man feel special or to feel like a man, they react like I'm speaking Greek. Most women never think about that. Many of you, of course, do a lot of things to build up your man just naturally in the course of a day without thinking about it, because you are women by nature. But few go out of their way to make sure her man is getting all the appreciation and attention he needs. One woman actually responded to me, quite surprised at the question, "I don't know. Do men like to feel special? I guess maybe hugs and kisses." But man does not live by sex alone. And the real challenge

and test of a relationship's endurance and success is keeping sexual interest once the mystery and thrill of lusty conquest have been satisfied.

Chapter 2

Stoking the Eternal Flame

Love is a temporary madness. It erupts like an earthquake and then subsides. And when it subsides you have to make a decision. You have to work out whether your roots have become so entwined together that it is inconceivable that you should ever part. Because this is what love is. Love is not breathlessness, it is not excitement, it is not the promulgation of promises of eternal passion. That is just being in love, which any of us can convince ourselves we are. Love itself is what is left over when being in love has burned away, and this is both an art and a fortunate accident. Your mother and I had it; we had roots that grew towards each other underground, and when all the pretty blossoms had fallen from our branches we found that we were one tree and not two.

from Captain Corelli's Mandolin

Life is not a fairytale in which “happily ever after” becomes a non-stop reality of rainbows, unicorns, and lollipops. To be sure, when the fulfillment of romance is absent, it can become an all-consuming obsession that stays with us day after day from dawn till dusk and eats away at, twisting and perverting, the very fiber of our existence. But a diet of all frosting and no cake, or a world in which every day is Christmas, would soon become repulsive and unbearable. Romance has to be sprinkled into our lives a spoonful at a time in order to keep its special zest and irresistible appeal alive.

Mature love is not a huge insatiable flame, but rather glowing embers. In order to keep the warm satisfying heat going, you have to poke the embers to get a little flame to pop up, feed it gently with kindling that will burn easily, and then carefully and gently add one log at a time. Such rekindling will spark a hot flame (of romance) for a while, as the bark

catches fire before it settles back into a warm, steady, life-sustaining glow. As long as there is a supply of slow-burning fuel (compassion, friendship, and caring along with the willingness to hold up one's end of the responsibilities of everyday life) you can keep the fire burning.

A Man Needs His Muse

Men are coarse, raw, unfinished creatures. They are born wanderers. You, on the other hand, have a built-in compass, a sense of connection to the earth, and a direction in life. You are the home base and men are the satellites. Without that center of gravity to hold them in a regular orbit, they will fly off in whatever direction their nose leads them at the moment. If they have to, men can survive in the jungle, hunting and gathering for nourishment, and taking sexual gratification wherever they can find it. But just take a look at the patriarchic societies and cultures in the world today. Wherever women's rights are trampled, we see chaos, violence, unrest, and traditions often tied to lifestyles stuck in the first millennium.

Women are a miracle of nature. Wherever women are treasured for their softer and nurturing wisdom, there is progress, prosperity, and peace – at least, to a somewhat greater extent. Now, this is not to say that a purely matriarchal society would be better than a world run by testosterone – too much pampering and dependence can lead to the same abyss eventually. The balance intended by nature always seems to be the only way to keep the world spinning happily along.

That said, it is the task of the woman to tame her wild beast, domesticate him, and give a purpose and a direction to the amazing manly feats he is capable of. Building a home, a family, and a future takes two – but the center is you. While men are born to wander, women are born to put down roots, find security, and transform the stones, the

jungle, and the wild creatures around them into comfortable cushions and a functional home, complete with chirping birds and fuzzy woodland creatures. You are the sensitive artist that chisels and sculpts the raw materials around you (including your man) into a civil and social order.

With the power of your femininity and the wonderful possibilities of life that you inspire your man to see, you are the muse that can transform him into a romantic person. Men are naturally excited by femininity. The thing to remember is that men also have a natural desire to please you. Think of the dog analogy again, with Rover laying the newspaper he retrieved for you at your feet and eagerly awaiting his "good boy" pat on the head. Men are drawn to you by your beauty, they are enchanted by your charm and smile, and they will do almost anything for your approval. It is the unique "you" inside your physical wonderland that will keep a man coming back to you day after day. Beauty didn't tame the Beast; Belle did.

My point is that men need to be inspired by your actions and approval to become the romantic partners that you want them to be. When rewarded with your love, acceptance, understanding, appreciation and approval they will gladly provide you with the romance, comfort and support you desire. If you want your man to be truly engaged in your partnership, then do all that you can to help him enjoy the journey and the struggles with you by his side. There is nothing wrong with allowing your femininity to be the drug that keeps him attentive to the union and to you. Whatever is good for the relationship is good for you, and whatever is good for him is good for the health and romance of the relationship.

A man will romance you and make you feel like a woman if you will just make him feel like a man – needed, useful, competent, appreciated...and desirable.

Don't Overdo It

Women always seem to want the fairytale – at least, when they stop and get analytical about it. Your best friend just got an emerald pendant from her guy and your sister got a trip to Cancun for her anniversary. Now your guy is a bum, and you are harboring bad feelings toward him. You're not quite as nice to him, and he just can't figure out why. A week later you explode on him for being so unromantic and uncaring. Really?

First of all, don't expect guys to be mind readers. Hey – we can hardly figure out the signal when a woman hikes up her skirt and points to her crotch. Expecting him to understand your hints of wanting special gifts is not going to work. Never compare your situation to that of another woman. So many things might be involved that you are unaware of.

The necklace might be a bribe because he got caught cheating. The great vacation might have been made possible by an annual bonus or a big commission check. The other women might not get the little things that you get everyday – the foot rubs, the help around the house, the little kisses and words of love, dinner out at least one night every single week. Maybe you've forgotten about the new dress and white table cloth dinner at the finest restaurant for you and your folks six months ago – maybe the other guys are just catching up to your guy. The other ladies might be richer or get big checks from their families from time to time. In any case, no man can make sure that you get some great perk every time one of your girlfriends does. If you make him feel like he's failed you or like he is less of a man than some other husbands, this negative disapproval will diminish his feeling of self-esteem and manliness. If you dig him into a hole, you are distancing him from the romantic knight you want him to be.

There are many ways to let a man know that you want or deserve

something, The key point is to do it with a smile and in a way that does not denigrate him in any way. You have to give him an incentive to please you rather than an ultimatum. A man has a tough exterior, but, where you are concerned, his armour can be easily pierced. He can easily fend off savage punches dealt him from the business world and his buddies, but his shields are useless against your feminine death-ray. You are his Achilles heel because you are the foundation of his self-image, his purpose, and the measure of his manliness.

Nowhere to Turn

Consider this: His only support system is you. Women can run to Mom or a sister or call the girls when they need an ego boost, or they can even turn on Oprah or Dr. Phil. They can always depend on their support system to tell them that they are good and wonderful and right and that the guy is wrong and inconsiderate and bad. But where can a man turn? He can't run home to his mom or share his feelings with the guys and then have the solace of a good cry. He's got you; you're it for him. So... he's a guy and should be tough and strong, right? Not really. He's just a man. Even a small wound will fester since there is no one to make it feel better – except for you. Every time you cut off your support by nagging, emasculating him, or tearing him down emotionally...you force him to withdraw further away from you and more into himself. Each time he just takes it, he is a little bit diminished as a man and a little less able to find a zest for romance.

Romance is an important aspect of the bond of love, but it is not the only part. In fact, it is not even the primary part. As in the concept from Captain Corelli's Mandolin that began this chapter, real love is found in that part of us that grows together as one. Love is not found in the temporary fireworks, the trembling first touches, and irrational expectations before the sequined curtain of the ideal is inevitably pulled

back to show us what is real. If we have put nothing real into it, then there will be nothing there to sustain a lifelong partnership. If we have made a true connection and nurtured it in a healthy way, then there will always be blooming flowers springing from the roots that you have put down together. You reap what you sow; it may sound cliché, but there is truth there. Strong roots do not come from fun and play, but from hard work. To earn the beauty of a blooming rose, you have to get your hands dirty – get down on your hands and knees, dig your fingernails into the earth, add a little fertilizer, and keep it well-watered. You get romance to bloom in the same manner.

It All Begins with You

You can't beat him into a romantic state with a baseball bat, threats, or disparagement. You really have no control over another person...but you do have complete control over yourself, your actions, your behavior, and the mood you convey. That is where you need to begin your effort to mold your man into the partner you desire.

Of course, you cannot transform Eminem into Prince William. You have to start with a canvas, clay, or marble block suited to your desired art form. But the way to sculpt the rough edges off your guy and make him more like the man you want him to be is simple: Make yourself more like the woman that he needs you to be. Better yet, just make yourself the best woman you can be, because he already loves that special someone inside of you. Take the rough edges off yourself first.

Find independent happiness in your own life. Live for yourself. Become a whole and complete human being all by yourself. Gain confidence in yourself and your abilities. Dress in a way that makes you feel sexy, confident, and desirable. Make sure your hair and makeup are just a little bit better than necessary for being around the house. Don't forget the

most important part of your appearance: a warm, welcoming smile. Never let your presence feel like a threat. Never let your man feel that he is anything but the best in your eyes. Build a warm, welcoming, exciting, and active world around yourself. Have your own life and then let him share it – sometimes.

By making yourself happier and more fulfilled a lot of good things happen. Your man's attraction to you is awakened and becomes active. When you feel better about yourself, it shows – you are less irritable and better able to tolerate the little irritations of life; you smile more, and people enjoy being near you. But most of all, your joy, fulfillment, and winning laughter will make your man feel better about himself and about you. He will be more willing to get his hands dirty to cultivate the good things in the relationship. He will feel like you are not dragging him down, but rather holding him up. Your combined strength will be much greater than the strength of each of you individually. You will each let the other make you happy instead of wondering why the other one isn't doing more. When you ask your husband for something he will move heaven and earth to do it for you. It all begins with making yourself a better person.

Unrealistic Expectations

The best way to ensure that you will be miserable as you watch your romance sputter and fade into something more akin to loathsome disgust than to love is to expect too much from your man and your relationship. Unrealistic expectations are the built-in booby-trap of first love and the reason why very few people end up with the first person they fell in love with. For most people, first love is the highest high that can ever be achieved, and it can never be duplicated. We all feel as though we have invented true love and that the world has never experienced anything like this amazing feeling we have discovered.

But the eternal fireworks and psychedelic colors of first love, like Santa and the Tooth Fairy, are generally revealed to be a fraud and an illusion. No man and no woman can float on a cloud forever, and the precipitous crash back to earth can be jarring and shattering to say the least. In the throes of burning passion and love, it seems as though love itself can sustain you both, but the truth is that it cannot even sustain itself. The banalities of life, the practical necessities, and the simple reality that his every breath and desire and conscious thought cannot ever be totally in sync with yours will inevitably peel the skin off that unrealistic reality.

First love is perhaps best thought of as a lesson that will guide us later on to understanding real three-dimensional love. The single dimension (or, perhaps, "dementia") of passion has to be augmented by the compassion of friendship and counter-weighted by the ballast of understanding and need. Real love is centered within one's self and not in another person. That is not love – infatuation, lust, or false fulfillment, perhaps; but it is not love. The expectation that the other person will continue to carry the dead weight of your neediness will never be the basis of a functional relationship. Even if he does not change, you will. It will start with one small disappointment that pokes a little hole in the bubble of illusion – perhaps he isn't ready to meet your family or he gets mad at you for keeping him waiting. Once the perfection of the bubble has been breached, there is no fixing it.

The Western model of relationships is very much like having your dessert first and then hoping there is room for a full helping of meat and potatoes afterwards. We insist that romantic love has to be the first step in a loving relationship that we want to endure for a lifetime. But it's not really love itself that we seek, it is the magic of falling in love that, for us, is the test of the worth of a relationship. Many older cultures, like some Asian traditions, still believe in arranged marriages. This may seem

archaic to us, but these relationships start at zero and move up from there. They learn trust and interdependence and respect first. They come together to build a life and a family. They begin with no flame of love at all, sometimes meeting on their wedding day for the first time.

All arranged marriages do not turn out well, but many do; and those couples will tell you that love grew everyday. The heat and passion grew stronger and stronger, whereas in the Western model the flame has nowhere to go but down. When we push the flame higher again we are really just setting ourselves up for a continuous rollercoaster ride. That's not a bad thing, but we have to accept that there will always be highs and lows. The point is not to begin a new custom and let our families choose our mate. Rather, we should take care to nurture that part of the relationship that is not built upon the fire of attraction. We must use the low points to focus on the meat and potatoes – the friendship and the respect – rather than seeing them as the failure of romance. If we take care of the whole relationship, there will be more romance just over the next hill.

Some people – men and women alike – continue to search for a love that will take them as high as their first love, and they will settle for nothing less. These people are often single into their 30s and beyond – you know some of them. No date is ever quite what they are looking for. No one can compare to their first love. And, the truth is, no one ever will. Even their first lover, if they were to meet again, would not compare.

Some of these expectations linger in all of us. It is normal to want the magic all the time, but if you expect it all the time you will be sorely disappointed...all the time.

A Purpose to It All

What is the real reason for relationships anyway? Yes, of course, if

there were no physical attraction between men and women you would be shopping and having lunch with the girls and the guys would be shooting pool and drinking beer with the guys. But then there would be a pretty quick end to the species. There is a greater good that comes out of the male-female bond. Children, of course, are one of the good things. But we also benefit by having a balanced household and world.

Every person is different, and no two couples are alike. What you need from one partner might be very different from what you need from a different partner, and what he needs from you. Understanding what you both want from each other is the first step in designing a functional relationship that makes sense to everybody and is built to succeed.

If you were starting a new business, you would sit down and design a workable business model and formulate a business plan to execute your vision. You would implement strategies that would lead to success, and you would always provide service with a smile even when a customer was driving you crazy. Is your entire life and lifetime partnership any less important? Should it not get at least the same effort, attention, and detached overview that will make it succeed?

So write down your personal mission statement, have your husband write down his, and then work together to combine them into one mission for your relationship that you can work together to achieve. A partnership without a purpose is doomed to wander aimlessly. Without specific goals, you will have no measure of success or failure. You should have a five-year plan, a ten-year plan, a 20-year plan, and a plan for your retirement. If you just live for today, then all of your tomorrows may come to be pointless. The most important thing for a relationship is to make sure that you are working toward common and compatible goals, and not pulling apart in different directions. If people don't grow together into one tree with common roots and bearing common fruit, then they will surely grow

apart. Whether they remain together or split apart, their lives will be diminished in some way.

Some Tips for Keeping It Together

Most of the ideas that follow will be familiar and not brand new. Hopefully, now that you have a better grasp on the care and feeding of the male animal, you will be able to internalize and apply these concepts to give a solid boost to your relationship.

- **Forgive your man.** It doesn't matter if you are religious or not; forgiveness may be a divine act, but it is a very human necessity. He is just a man, and he will make many mistakes in the course of a lifetime. If we have to live with our transgressions forever, or hear about them every time you are angry, then there can never be healing, overcoming, and growth. He may never release himself from the shame and regret for his mistakes, but you must. If you keep one foot on his throat, that will always be there like a tourniquette on your relationship, keeping the worst part of it festering rather than healing. And you will be amazed at what a simple act of sincere, spoken forgiveness can do for your own soul, inner healing, and ability to move forward.

- **Laugh and play together.** There is no joy in life like the joy of a child at play. Remember those early times when you were falling in love? Every word he said would make you giggle with delight, and just the touch of your hand made him feel like the weight of the world had been lifted off his shoulders. That carefree childlike feeling can be very healthy for a relationship, and it can spur romance as well.

Scientific studies have shown that people in love act and feel more like children, so perhaps acting like children will help you feel more in love – with life, yourself, and each other. Have a little fun. Unleash your playful side. Wrestle with him on the floor, give him a silly little nickname, tickle

his toes, or play a game that will make you laugh. Share a laugh and a smile (with lots of eye contact) every day.

- **Schedule some “us” time.** It is important that you try to spend at least one hour with your partner every day. That means NO friends, NO family, NO television, NO computers or phones...just the two of you. Just as you would have a daily meeting with a business partner, you need to talk about how things are going with your plans together. Talk about old business: Are you meeting the goals you have set? Talk about new business: Should you spend your savings on a nice vacation, put it into a college fund, start on that new kitchen, or just save it?

More importantly, talk about your day and his day. Make sure you both understand the difficulties and stresses you are encountering, support each other, and find solutions to streamline your routines. Don't let negative thoughts turn into huge obstacles that may become insurmountable later on. Some days it might be more about massages and foot rubs. Always keep that physical connection going every day in non-sexual settings.

- **Never go to bed angry.** You wouldn't leave an open flesh wound unattended overnight, would you? Well, your emotional state is just as important as your physical state – perhaps even more so in a relationship. You know what happens if you don't treat a wound: It festers, grows a big ugly scab, and leaves an unnecessarily huge scar that serves as a constant reminder of pain and neglect. It can also become infected, making the whole body very ill, and may even end in death.

Early resolution is not always easy, but it is the right thing to do. There is a time to act like children, but this is the time to think and act like an adult. Tomorrow you will fall into your regular routines and the problem may never be addressed...but it won't go away. There does not have to be

a clear winner or loser; sometimes you can agree to disagree. Being right is not as important as being whole. Sometimes you have to compromise in a relationship. Sometimes a matter is too petty to let it mar your relationship – does the bedroom really have to be Passionate Pink? Maybe you can let him win this one, but make sure you ask for something else in exchange – a new dryer, dinner at the Olive Garden...whatever. Or, he might let you win this one if you let him get those new golf clubs he's been wanting. You're grown-ups; work it out!

- **Be good to yourself.** There is an undeniable connection between body and mind. If you are exhausted and running on junk food and cigarettes, you're not going to be happy and you're not going to be a pleasant person to be around. You know how grumpy kids can be when they are up too late or when they get up too early. You are no different. You change the oil and air filter on your car, and you have to make sure that you give yourself regular maintenance and enough octane to keep your body running smoothly too. Make sure you clean out your system with healthy foods and plenty of sleep regularly.

When you feel good, relaxed, healthy, and whole you will just naturally handle little problems in stride. You will be appreciative of his compliments and accepting of his shortcomings. Your mood will be better and your judgment will not be impaired by physical deficiencies. You'll slough off small aggravations and won't snap back like an angry beast, which always makes things worse. Set yourself up for success, not failure. Everyday is a marathon, so stay in training if you want to be up to the challenge.

- **Dress yourself up!** Remember the Billy Crystal character, "Fernando," on Saturday Night Live back in the 80s? If you're too young, you should check it out on Youtube. Mocking a Fernando Llamas-type character, Crystal would tell his guest, "You bok mahvelous!" He Often

went on to say that “When you look mahvelous, you feel mahvelous.” There is a lot of truth in that statement.

The right clothing and look can be very empowering. The right amount of skin, nice hair, and proper makeup make a woman feel like a woman. You are perceived as a confident, sexy lady, and that is the persona you take on and emulate automatically when when you look the part. The look feeds your ego and needs, and it also gets your man’s attention. His attention and comments make you feel even better, and you respond to him in a way that makes him feel excited and romantic – or at least make him respond to you like the classy and complete woman you are. It’s a virtuous cycle and a win-win for the relationship.

- **Be affectionate and loving FIRST.** The happiest woman in the world probably has a tongue scarred with bite marks. She stifles the knee-jerk disparaging remarks that she would love to throw at her man, and takes a more measured, thoughtful approach...not because he doesn’t have a good tongue-lashing coming, but because she doesn’t want to damage her relationship and jeopardize her own happiness. Before you rip him to shreds, stop. Remember why you love him. Even at your worst moment with your partner, don't think about what bothers you; think about the things that draw you to him. Before you ever criticize him, think of five things you love about him first. Then, if you still have a need to address an issue with him, tell him those five things before bring up the unpleasant topic.

There doesn’t have to be a problem for you to express your admiration and appreciation. Any time is just fine. You appreciate flowers for no reason and compliments, “just because,” and man appreciates a little ego boost from time to time as well. A running storyline of love, affection, appreciation, and respect goes a long way toward keeping a relationship healthy and a man within reach of his romantic instincts and desires. And

don't forget the physical element during those times when the banalities of life have both of you forgetting about the joy that you can so easily create. Little hugs and kisses just because you are walking past him or to thank him for taking out the trash mean a lot more than you might think, and the dividends can be very high. Always bear in mind that you are his only source of kisses and loving touches. Never underestimate the magic that the sensual touch of your silky smooth "girl skin" has on a man. It's one of the greatest joys in life...and so easy to share.

● **Listen!** We were all born with two eyes, two ears, and one mouth. Maybe the message that we are supposed to infer from this grand design is that we should look and listen twice as much as we talk. A relationship always has to be a safe haven for both of you. Most people and relationship professionals agree that communication is one of the most important elements in a successful union. If you want to hear what he has to say, that means that you have to be tolerant of his thoughts, wishes, and confessions. If you're not, you will put an end to the communication process in your relationship, and eventually to the relationship itself. Blaming, judging, and nagging have to be replaced with understanding, acceptance, and forgiveness.

You know that siblings often treat each other in terrible ways that they would never dream of treating friends, acquaintances, or even strangers. Couples often fall into the same trap. They say that familiarity breeds contempt, and as a result we often find it easiest to hurt the ones we love the most. You apply your instinctive nurturing skills so well to the dilemmas of your girlfriends and children. Try using your same wonderful powers with your man. Control your temper, watch your words, and be a safe haven where your husband can find solace, hope, and understanding. And always remember that you are his only support system. Tune in and feel his needs.

- **Trust...share...work together.** Healthy communication is the foundation of trust. Knowing each others expectations, dreams, and moods is the key to understanding each other's motivations and needs. Having a life plan that is compatible with your partner's makes trust much easier, because he neither of you would have a reason to foil or betray your own plan. Find and design your path together; share the journey – both the joys and the sorrows; and work together on your relationship every single day.

- **Keep a memento.** Hanging onto little keepsakes from sweet or significant moments keeps them real, vivid, and meaningful. Press a dandelion he gave you with a kiss because you brought him lemonade while he was mowing the lawn. Save the tissue he dried your tears with when he promised that he would do whatever it might take to make a baby with you. Keep a loving message he left for you on your cell phone. Then take them out from time to time and remind each other of the really special moments, the joys, the love, the deep commitments, the problems you've overcome, and the success and growth you have shared together.

Chapter 3

How To Get A Man To Be More Romantic

* If you show your man you care by taking care of him, and being romantic with him, he will actually spend more time and energy taking care of you. He will then make more of an effort to create romance for you. To do this, he must first be inspired to do so. This is why men are so romantic in the very beginning of a relationship, because just being around your feminine energy inspires him. As the relationship grows he will need more inspiration to continue being romantic. When it comes to

romance most men follow the lead of the woman. If you are not romantic, he will not be inspired to be romantic for you. He needs your help to unleash his romantic desires.

If you want romance you must give romance. If you want him to make you feel special and take care of you then you must also do so in return. Every man is capable of being romantic, he is just waiting for his muse to inspire him.

* Men also need to feel appreciated for being a man. That may seem crazy to you but remember you want to be appreciated as a woman, don't you? Have the doors opened for you, your chair pulled out for you, and flowers for no special reason. All these things make you feel special as a woman, he needs signs from you that you appreciate him for being the man in your life. These are things you must remember when trying to create romance in your partner's life.

If you want your man to be romantic, you need to inspire him and that takes work.

How To Be Romantic With A Man

In a very basic and simple understanding, men need to feel important in their life. They need to feel appreciated for being a man, they need to feel safe and secure that you will support them no matter what, and all of these things help to make him feel loved. Now with that said, just telling him that you appreciate him does not work for men. Men need to see through your actions, that is your physical actions that you find him important, appreciate him, support him and love him. It is your actions that will convince him of your romance and it is your actions that will inspire him to become more romantic for you.

At the same time men like things that do things. Flowers, candles

and poems don't do anything, so men have a hard time understanding them. Yes, flowers are beautiful, but as a guy what do I do with them? Men like cars, boats, planes, why because they do something. Men like computers, tvs, and other high tech gadgets, why because they do something. So when being romantic, remember to create a moment that will do something for him.

1) I know I said this before, about how just saying something really isn't that effective with men, but you have to understand the reverse (being negative) doesn't do you any good either. In many relationships people come home after a long hard day and the first thing they do is complain, yell, scream or nag at their partner. Instead give your partner a big hug and a kiss and tell them one thing you love and appreciate about them every day.

If he is not in the mood, be aggressive about it. Pull him as hard as you can into your arms. Let him know you missed him and he is not getting away until you show him how much you love him.

2) Men have a one track mind, meaning we have a hard time thinking of more than one thing at a time. Its great when we are focused on you, but it definitely sucks when he is so stressed from work that he can't think of anything but work.

You can use this to your advantage because if you can get him away from all his stress, like work or anything else that is stressing him you can actually get him to focus on you and only you. Organize a picnic, get all his favorite foods, drag him out of the house find a perfectly isolated spot with nice scenery and enjoy the peace and quiet.

Want to take it one step further, plan a weekend get away. Organize it from start to finish. That means pack his clothes, toothbrush, bathing

suit and anything else he'll need. Send him a text the day before letting him know you will pick him up from work for a surprise. Pick him up from work and drive to your weekend get away.

****men realize you love them by your actions.**** Don't let him worry about a thing, that means packing his clothes, picking the destination, making the reservations or paying for the weekend. If you take care of everything he will be able to only focus on you. This will also show him how much you are willing to do for him, therefore you are showing him with your actions that you really care. He will then want to do the same thing for you to show you he cares.

I hear from women all the time about how their boyfriends never take them anywhere special for a romantic weekend. When I ask them if they have ever planned a romantic weekend away for their man, they look at me like I'm crazy. One woman even said "That is not my job."

Do you like being forced into doing something or when you are expected to do something? Makes it feel like it is a job. Even romance can feel like a job, if it is expected from the man with no reciprocation. Show him romance is not his job, but something you are passionate about giving him as well. Once he sees this, he will be much more willing to give you the romance you deserve.

3) If you know your man is working late or has been working late a lot recently, make up his favorite food and deliver it to him. Or make it at home and have it ready for him when he finally comes through the door.

Whatever you do, do not get upset when he doesn't come home at the exact time you expect him. Remember if he is working late and is stressed from working late, the last thing he wants is to be yelled at. Knowing that the woman he loves spent the time to make him his favorite meal, will make him feel so good. Especially when he would rather be with you, then working late. This just shows you care and takes one last

frustration off his mind.

4) If it is raining outside create a special moment inside. Make up a nice meal something you would make for a picnic, then set up an indoor picnic or make a fort the way you used to do when you were kids. Let him know that this is his castle and you have his food ready for him.

Notice the constant talk of food when creating romance for a man. This is because you are showing him you care with your actions. Also when a person is full, their body releases feel good hormones that signal to them that they are full. These hormones also help to stimulate the body to take up the nutrients and store it properly. By cooking for your man, you can cause him to link these feel good hormones to you. This will strengthen his bond to you.

5) When you are in a romantic spot pull out your iphone and with one ear piece in your ear and one in his listen to a beautiful song. After a song or two a recorded message from you should play saying how much you love for him and how you appreciate having him in your life and all the special things he does for you. Name those special things off to show him you recognize them.

Most computers come with recording software that will allow you to create this message and save it as an mp3. Once done all you have to do is upload it to your mp3 player.

By recording it and sneaking it in between songs it shows him that you are willing to put effort into showing your affection, compared to just calling him and telling him. Also he now has it, so he can listen to it again and again to remind him of your love.

6) Make sure that every time you see each other you spend half an hour to an hour minimum just with each other in a quiet place. This

means alone with just the two of you. If you are always out with friends, at events, go out for dates or have children its important you find some alone time to recharge your energy with just your partner. In silence.

7) Talk to your partner's family and find out if there was one thing he always wanted when he was a child growing up. Find that item and get it for him. Even if its something silly like a pogo stick. Those childhood memories will come rushing back and he'll remember how badly he wanted it. The only person who cared enough to get it for him was you.

8) Learn something new together. A man's bond is strengthened with a woman when more and more parts of his life are connected with yours. When his roots intertwine with yours. This happens when you both share life experiences together. Sign the both of you up for skiing lessons, surfing, windsurfing, dancing, yoga, kickboxing, cooking, or anything else you think the both of you will be interested in. At first you will both struggle, but by sticking together and helping each other you will strengthen your bond as you learn the new skill. Make sure you both have time to take the class otherwise it will just become an inconvenience.

9) Buy a book that he would like to read or find out what his favorite book was when he was younger and get him that. Write a note saying "I love the sound of your voice, it makes me feel warm and safe. There is nothing that I would like more then to fall asleep listening to the sound of your voice. Can you please read this book to me before bed." When you are giving this present to him make sure you are wearing one of his shirts and nothing else.

By wearing the shirt you are letting him know that you are accepting him as your protector. The note is reinforcing this point of how important he is because he makes you feel safe. You are also boosting his ego by letting him know how amazing his voice is and how you just want to listen to him.

Make sure you know what types of books he likes to read before you buy one. The last thing you want is him reading you a book that he hates. Also remind him that he can't skip ahead without you. You might also want to take turns reading the book as well, so he can just relax with you and listen to your voice.

10) Go hiking into the mountains and once you find a beautiful spot with a gorgeous view set out a picnic. Exercise builds up a sweat, releases feel good hormones that he will link to you and allows him to create another story of his life around you (intertwining those roots). Other forms of exercise you can do together are riding bikes, couples yoga, learning a martial art (jiu jitsu, kickboxing), skating, skiing, canoeing, and so many more. The best forms of exercise together are when the both of you have to work together to reach a common goal, such as hiking, couples yoga, or canoeing.

11) Nothing will make a man feel more special then when he is sick and you actually take a day off work just to take care of him. That means making him soup, getting him juice, making sure he is comfortable and maybe getting a movie so you can both pass the time. Many men's hearts have melted from having a woman take care of them when they are at their weakest. Most women leave a man to deal with his sickness himself. When a man actually sees a woman putting in some effort, it shows him how kind, caring and nurturing she really is. That is when a man realizes she is different and special. Lots of men have decided to marry women solely from a simple gesture like this.

12) Find out about your partner's bucket list, the things he has always really wanted to do. Make sure you write down in your diary what

those things are and one by one try to make those ideas a reality for him. This could be anything from fishing in every ocean in the world, traveling to his hero's place of birth or seeing a certain site in history, seeing a major sports event or perhaps its owning something that he normally would not be able to afford like an expensive watch. Show him you support him by helping make his dreams a reality.

13) When you are out in public with friends or family brag about your man. Let everybody know how amazing he is and how you can't imagine your life without him. Let everybody know about a special skill that he has performed for you, whether that be fixing your car, your computer, something around the house or just some special characteristic that makes him different from other men. Hearing you brag about him will make him beam with pride.

14) Send him a special thank you note, but in this thank you note make sure you thank him for just being him. For being the man in your life and that you appreciate him and everything he has done for you. He is the most important person in your life. You hope that some day you will be able to give back as much as you have received from him. Don't forget to mention the things he has done, that you appreciate.

Most people when they send love letters they say I love you so much and that they can't live without the other person which is nice, but in your letter you need to let him know that you recognize that he is important to you and that you do appreciate him.

15) I'm sure your man has a hobby or two. Pick one of his favorite hobbies and buy him that special piece of equipment that he has been dying for. Make sure you do your research, you don't want to get him a brand he doesn't like. Make sure you talk to his friends who are into the

hobby, research on the web and even ask your partner what he likes and why. The better you are at getting the product he wants without him knowing, the happier he will be and blown away by your care and attention to detail.

16) Give your partner a nickname. Something only you would call him. Something that represents his importance to you.

17) Go camping together. Sometimes the most romantic times are when we don't look our best. At night go skinny dipping and enjoy the moon and stars as they shine onto the water and light up both of your naked bodies. When you are nice and cold, have your man start a fire and cuddle up to him as you both watch the fire light. This is a great one for creating another story in his life that will see him growing attached to you (intertwining your roots).

Creating An Intimate Connection

Men have lots of testosterone and this high level of testosterone and natural attraction to women makes us want to have sex and seek it out on a regular basis. Since this is such an overwhelming urge for men, creating romance around sex and showing how important he is through sex is a very logical step.

1) Men are visual creatures. Once we see something we like our brain instantly sends a signal to our nether regions. So there is a direct link between our visual cortex and our sexual/romantic desires. This is an easy one, if you want to increase the passion in your love life and let him know that you have been thinking about him, get some sexy lingerie to wear. I don't mean the "I feel comfortable lingerie." I mean sexy revealing lingerie nothing like you would normally wear type of lingerie.

Many women when they buy lingerie they just get fancier bras and panties, something with lace and some nice flowers on it. You have to understand from a man's perspective this is nothing different from what he normally sees you in. He doesn't see the lace and flowers as anything visually different. He just sees bras and panties, like the bras and panties you wear everyday. Instead get something that is very revealing and different from what he normally sees you in. Provide him with the visual foreplay that he needs to become aroused, so he will want to give you the physical foreplay that you need.

If you just expect him to become motivated into giving you the foreplay you need he will just end up going for the goal of having sex. That is where his mind is leading him. Instead if you wear lingerie that is different and accentuates different parts of your body, it will draw his eyes towards these different body parts. It will make him want to play with these different areas. A good point to remember about men is if you want him to focus on a certain part of your body, wear something that will draw his attention there.

You could even get some edible body paint and write on your body what you want him to do and where you want him to do it. If you are not happy with the amount of foreplay you are receiving. Direct his eyes where you want them to go and the rest of his body will follow.

2) Have professional sexy but tasteful photos taken of yourself for him. Give him a nice one for his home, one for his office and one for his wallet. Wrap the photos up, in a note write "Everything you see in here is always only for you" When he unwraps the present he will see the photos. These photo always remind him of how sexy you are and can be, even when you might go through a stretch of time when the passion isn't so hot. You are telling him with your actions that you are giving yourself to him and only him. That is how important he is to you.

3) Pick a random day, call into his work and let them know he is sick and won't be coming. Do the same for yourself. Turn off the alarm so he can sleep in and then spend the rest of the day lounging in each others arms and make love all day and night. Its not like you both have any where else to be.

4) Have rose petals leading all the way from the front door to the bedroom. When your partner comes home he will follow the rose petals all the way to the bedroom where he will find you naked on the bed, with only your naughty parts covered with rose petals. Let him know you could hardly wait for him to come home.

5) Leave him a note at the front door telling him how much you care for him, how attractive you find him and how much you desire him. At the end of the note let him know you are upstairs naked and waiting for him.

6) Order a sexy lingerie online, have your partner pick it up from the post office or from the store you purchased it from. Make sure they know your partner is going to pick it up. Send him a text letting him know that you need him to go to a specific address to pick up a package for you (don't tell him the name of the store if its a lingerie store). Let him know that he is not allowed to look in the package. His mind will race all day long, getting him hot and excited to see you.

When he comes home, have the candles burning, sit him down in his favorite chair with a glass of wine while you slip away with your package. Come back in with your brand new sexy lingerie.

7) Go out and take a massage class. Lots of people think they can

massage, but that doesn't mean it feels good. Chances are your partner is too nice to tell you otherwise, so go and take an actual class. Then one night when you are both alone give him a present. In the present will be a towel with massage oil, with instructions on a card telling him to go upstairs to the bedroom, strip and lay down on the bed and wait for you. As you begin massaging him, let him know what you have been doing for the last four weeks on thursday night. Let him know you decided to do it just for him.

The massage will relax him, stop him from worrying about anything else or focusing on anybody but you. The massage will feel good and he will automatically connect that with you. You taking a class in massage will show him with your actions what you are willing to do for him.

8) If your partner is going away for a business trip, pack a small present into his suitcase with a note saying "Just a little something to remember how much I love you" or pack in something naughty like a new sex toy, lingerie, edible panties anything with a note saying "I hope we can use this when you get back. I'll be waiting for you."

9) Love coupons can go a long way, but don't do your typical one free kiss, one free hug. Step it up a notch. One free massage. One free blowjob. One free sexual favor anything he wants. His favorite sex activity that he likes for free. Remember to put on there that it is redeemable at anytime.

10) Take a sexy style of dance class, such as burlesque, pussycat doll, belly dancing or pole dancing. Don't just do one dance class and try it out for your partner. I know many of these dances may seem simple in structure but there are lots of subtle moves that are essential to really make the dance sexy. What will make him feel good and enjoy the dance,

is not so much that you are trying to dance for him, but the fact that you have spent the time and energy to learn this dance and perfect a routine. That will turn him on, impress him and make him feel important. Don't forget the sexy makeup, hair and outfit.

11) Run him a bath, with candles, so its nice and dim. Then wash him as he relaxes, buy some fruit and feed him while he enjoys the bath. Try to replicate ancient Rome. Men want to feel important, they want to be the King in your life. Here is your chance to show him he is your King and you appreciate him just for being in your life.

Side note if he doesn't like baths you can do the same thing in a shower or you can wash him from head to toe in the shower and then dry him off and while he is relaxing on the bed, feed him fresh fruit like a Roman Emperor.

12) Send text messages telling him how much you desire him, how attracted you are to him. Boost his ego, tell him how much you are addicted to, love, miss his body. Tell him what you want to do to him the next time you see him.

Saying I love you and sweet things like that are nice, but remember men understand your love through your actions. You showing him how much you love him, by how unbelievably attractive and irresistible you find him.

13) Serve your partner breakfast in bed. This is a great one especially after a crazy long night of love making the night before. He is too tired and groggy to get up, but some how you find the energy to make him breakfast and serve it to him. Even better, once he is awake and has the energy from breakfast, initiate sex with him again. Not only are you showing how much you care for him by feeding him and serving him the

food, but you are also showing him how unbelievably sexy and desirable you find him.

On a side note just a woman initiating sex on a regular basis is a big ego boost for a man. It makes him feel attractive, desirable and lets him know that he obviously must be doing something right if you are interested in wanting to have sex with him. Most women never initiate sex, so this is a big difference and separates you from most women.

14) Despite popular belief that men don't care about a woman's pleasure, it is in fact of the utmost importance to your man. Men are constantly competing against one another to see who is the better man. The most common way men prove this is through their conquests of women. Most men think, a man that has been with more women is more of a man. He has been with more women because he really knows how to satisfy them. This is why so many women want to be with a man like that.

Really what they are trying to compare, is who the better lover is, in a simplified form. If a guy sleeps with a lot of women or has a large penis then obviously he must be a great lover. I'm sure you realize this is just not the case, but you have to understand, standing in a locker room discussing a woman's pleasure just isn't as manly. So the discussion is simplified to things that just don't matter, like the amount of women he has slept with or the size of a man's penis. This is a very long winded explanation to let you know that in fact a woman's sexual pleasure is very important to a man and is one of the biggest ways to make him feel like more of a man.

A great way to make him feel special and important in your life is by boosting his male ego through sex. How do you do this?

* Always give him credit for your orgasms. I know and you know

your orgasms are 90% mental and stem from you, but you need to let him know that all your orgasms come from him. Tell him:

I love how you make me orgasm

I have never had an orgasm, as powerful as the way you make me orgasm

I love having sex with you

You are the best I have ever had

I love when you do XXXXX (tell him a technique you like) it always makes me orgasm so hard

* As I mentioned before men believe that a man with a bigger penis is more capable of satisfying a woman. Much of a guys ego stems from his penis and his ability to perform well enough to satisfy you. As silly as it may seem to you, a man needs to know that you are happy with what he has. Remind him on a regular basis even when you are not having sex, how much you love his penis.

How good it feels inside of you

How tight your pussy is when he is inside

How you love the look and feel of it

That you are so happy it is yours and its everything you want

15) This bit of advice in the bedroom might not be for everyone but it will help to reinforce a few things he might not be receiving in his life. Role playing in the bedroom can be a romantic time for him but not just any kind of role play. What he needs is role play that reinforces his importance to you.

Remember how I told you about him wanting to be the most important part of your life. How despite the fact he may not be the president of a country or the CEO of a fortune 500 company, he needs to still feel like a king in his own home. All men want to feel important in

their life. Here is your chance to make him feel like a king. When a man feels important and feels like a king, it inspires him to want you to feel as good as him.

The problem is you can't just say lets role play, men need to see your actions. He needs to see that you have put in the time, thought and effort into creating the scenario. That is what is going to make him feel important and believe it. By creating this moment you are showing with your actions that you are putting his needs first. This means going out and buying a special outfit (visual is essential to men). This is a different type of sexy lingerie. He has never seen you dressed like this, so the sight of you will pique his interest.

Types of outfits and forms of role play that will make him feel important and appreciated:

- * King/servant - there are multiple themes you can work with king and servant, such as Roman, Greek or Egyptian themes.
- * Successful business man and stewardess
- * Successful business man and maid

The point is to make him the most powerful man in the world in his role and all you want to do is please him. You just want to make him happy. His pleasure is your job and you just want to show him that you appreciate him for being in your life. Does this mean you have to live your entire life like this in order for a man to be happy? No, but it is nice for a man's partner to recognize him in this way once in a while. Men become very depressed when they don't feel important or appreciated.

Here is an example of how you need to show your feelings through your actions by role playing. Lets take the Roman Emperor and his servant as an example. Have your partner come over to your home after a

long day at work. Probably best on a Friday night when he will be tired from the week, but know he will be able to relax over the weekend.

Before he comes over, make sure the scene is set up. Lay out a bunch of candles, a blanket, pillows as in a Roman sitting room. Cook up something nice for dinner. Something simple that you will be able to feed him. Remember Roman servants would feed an emperor, so make something simple. Can you go out and buy stuff pre-made from the grocery store, sure but then you are kind of destroying the scene and you aren't showing him you care with your actions. You are showing him you care but only as long as it is easy for you. You care but only up to a certain point. Men love when a woman will cook for them, so this will just complete the scene.

When he comes over, greet him at the door in your servant outfit, but don't let him see what you have in the sitting room yet. Tell him you need him to go take a shower. Take him into the bathroom, where you have laid out candles to keep the scene darker and more romantic. Remember they did not have electricity back in ancient Rome. Run the shower for him and help him take his clothes off. Let him get into the shower first and then follow him. Wash him from head to toe. Then get out before him, tell him to relax and that you will be back in a few minutes to dry him off. Go get into your Roman servant outfit and come back, with a towel to dry him off with. If you bring the towel with you he will be forced to wait.

A Roman Emperor outfit for him can really add to the scene, but if you don't have one a dry towel will do. Let him know that his dinner is ready, if he would just follow you to the dining area. Have him lay down on the blanket, making himself comfortable amongst all the pillows. Bring in the food served on a nice platter, but don't let him touch it. Serve him the food. Once dinner is over, have him roll over on his stomach and give him a massage from head to toe. Watch as his mind goes completely

blank, he forgets his problems and turns his focus solely onto you.

If you put this kind of effort into making your man happy and showing him how important he is and how much you appreciate him, don't be surprised when he starts putting more effort into bringing you flowers, creating romantic nights for you, taking you on that special get away. A woman can tell a man he is special and that she loves him all night long but until she proves it by her actions he will not believe her. The problem is you can't just go half way with this, you really have to show him that you have thought this through and put in the time and effort. That is what convinces him.

Now will every guy be into a role play scene like this perhaps not, some guys just don't have much of an imagination, but ask a guy if they would like a woman to treat them like this and you will be hard pressed to find a guy that would say no. The point of role play is that it shows him that he is important, that you appreciate him through your actions, such as bathing him, cooking for him, massaging him, setting up an elaborate scene like this and going out and buying sexy lingerie all for him. The best part is you are wearing something sexy and revealing to stimulate his visual appetite the entire time.

Show your love, support and appreciation through your actions and a man will want to show you the same in return. He will do this by being more romantic for you.